What Is Claimed Is:

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1. Item of seating furniture having a seat (1) and a backrest (2) which are supported in an articulated manner on a frame (3), and having an operating mechanism (4) for adjusting the inclination of the seat and the backrest,

characterized in that the backrest (2) has a catch member (7) and, when the backrest is inclined from a front position into an inclined rear position, the catch member comes into operative contact with the seat as of a specific angle of inclination of the backrest in such a manner that further inclination of the backrest brings about a simultaneous adjustment of the seat.

- 2. Item of seating furniture according to claim 1, characterized in that the backrest (2) is adjustable independently of the seat (1) from the front position up to the specific angle of inclination at which the catch member (7) comes into operative contact with the seat.
- 3. Item of seating furniture according to claim 1, characterized in that the seat (1) and the backrest (2) have a common pivot axis (5) on the frame (3).
- 4. Item of seating furniture according to claim 1, characterized in that the seat (1) has a front region (1a) and a rear region (1b) and the seat is supported on the frame (3) in the rear region by way of a pivot axis (5).
- 5. Item of seating furniture according to claim 1, characterized in that the backrest (2) is supported on the frame (3) by way of a pivot axis (5), the pivot axis being provided in a transition region between the seat (1) and the backrest (2).
- 6. Item of seating furniture according to claim 1, characterized in that the operating mechanism (4) is formed by a linear drive which is supported on the frame (3) by one end (4a) and is in operative contact with the backrest (2) by the other end (4b).

- 7. Item of seating furniture according to claim 1, characterized in that the angle ß between the seat and the backrest remains unaltered during the simultaneous adjustment of the seat and the backrest.
- 8. Item of seating furniture according to claim 1, characterized in that the operating mechanism (4) permits a change in the angle (α, β) between the seat and the backrest.

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